

CHOOSE A PLAN SUITED FOR YOU

Thank you for considering Sizwe Hosmed as your healthcare partner. Your health journey is of utmost importance to us, and we are here to guide you every step of the way.

Traditional Fully Networked

Essential Copper



A Starter Plan for the young and healthy

Hospital Plan

Access Core



A Starter Plan for the young and healthy

New Age Network Hybrid

Access Saver



A Savings Plan providing medium to rich benefits for individuals and young families

Traditional (Risk) EDO-Network

Gold Ascend/EDO



A Traditional Plan for families

New Age Hybrid Core-Network

Value Platinum/Core



A Premium Plan with enhanced benefits for growing families

New Age (Hybrid) Comprehensive

Titanium Executive



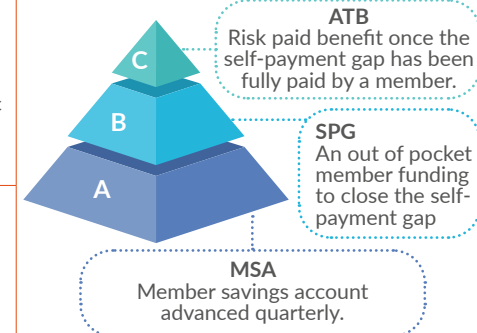
A Premium Plan offering the most comprehensive in-hospital and out-of-hospital benefits.

Please take advantage of our competitive, family-friendly rate. For dependants turning 21 to 26 years of age, an annual review must be completed by 31 March and submission of proof of full-time study or a financial dependency affidavit is required.

An Efficiency Discounted Option (EDO) or Core option requires members to make use of specific network providers for both In and Out-of-Hospital.

PLANS WITH MSA - SPG - ATB

Applicable to Value Platinum, Value Platinum Core and Titanium Executive plans.



MSA: The MSA is an amount already included in your monthly contribution and is advanced upfront to you at the beginning of each quarter or upon joining. The MSA is utilised for your day-to-day medical benefit and is calculated based on the family's total contribution.

SPG: A self-payment gap (SPG) per beneficiary is activated when the combined family MSA is depleted. Member out-of-pocket claims.

ATB: When a beneficiary SPG is reached, the beneficiary's Above Threshold Benefit (ATB) is activated, and claims will be paid from this beneficiary ATB limit provided by the Scheme

KEY BENEFITS



Scheme members pay for a maximum of three (3) child dependants, four or more are FREE

CONTRIBUTIONS

2025
Effective
01 January
2025

Member: R3 023
Adult: R3 023
Child: R1 046

Member: R2 636
Adult: R2 273
Child: R530

Member: R3 371
Adult: R2 911
Child: R676

Gold Ascend
Member: R3 726
Adult: R3 578
Child: R1 029

Gold Ascend EDO
Member: R3 543
Adult: R3 400
Child: R976

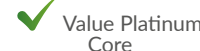
Value Platinum
Member: R5 583
Adult: R5 242
Child: R1 528

Value Platinum Core
Member: R5 306
Adult: R5 082
Child: R1 353

Member: R9 788
Adult: R8 661
Child: R2 000

NETWORK BENEFITS

Network Hospital



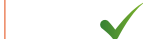
Network GP/ Specialist



Optical Network



Dental Network



Plan Structure

Fully Networked. Primarily a PMB benefit plan.

Hospital plan

MSA plan with Risk benefits

Separate baskets of benefits

MSA + SPG+ATB

MSA + SPG+ATB

MSA PLANS

A monthly savings account (MSA) is an amount included in your monthly contribution and is advanced upfront quarterly to you or upon joining. The MSA is utilised for your Day-to-Day medical benefits and calculated based on the family's total contribution. Unused MSA amounts accumulate year-on-year; should you leave a savings-type plan, the remaining MSA funds are refundable to the members after a 4-month claims run-off period. Your Annual MSA benefit (Day-to-Day Benefit) is based on the total contribution received.

Access Saver
Member: R10 080
Adult: R8 736
Child: R1 992

Value Platinum
Member: R15 072
Adult: R14 160
Child: R4 128

Value Platinum Core
Member: R14 328
Adult: R13 728
Child: R3 660

Titanium Executive
Member: R24 432
Adult: R21 624
Child: R5 004

Note: Chronic Medication, Wellness, Screening & Maternity are separate Risk benefits provided for by the Scheme

Contributions are subject to approval by Council of Medical Schemes. This overview is a summary of the benefits & contributions, and it is not advice. This does not supersede the registered benefits & rules of the Scheme. Please view full benefit details and guide at www.sizwehosmed.co.za